200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to provide antiinflammatory, anti-oxidant and metabolic support

Sans OGM Sans gluten

Chaga

luten Sans

Sans produits laitiers Sans soya

soya Végétalien



- 200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to provide biologically active ingredients from the entire mushroom
- Chaga has traditionally been used for quenching inflammation, increasing antioxidant levels, regulating blood sugars and supporting heart health

Medicinal mushrooms have been used in traditional medicine for thousands of years and have gained popularity in recent decades as a natural health supplement in North America. In general, the active ingredients in medicinal mushrooms are known for their adaptogenic, antioxidant and immune supporting actions. That being said, each species has been found to target different health concerns depending on the unique blend of beta-glucans, triterpenoids, ergosterols and other active compounds.

*Inonotus obliquus*, more commonly referred to as Chaga mushroom, is a type of fungus that grows mainly on the bark of birch trees in cold climates, such as Northern Europe, Siberia, Russia, Korea, Northern Canada and Alaska. Traditionally it has been used for quenching inflammation, increasing antioxidant levels, regulating blood sugars and supporting heart health.

Animal studies have found that chaga can promote the formation of beneficial cytokines and prevent the production of harmful cytokines, ultimately providing anti-inflammatory support, antibacterial activity and antiviral action. Moreover, animal trials have found that chaga may help with metabolic syndrome by improving insulin resistance, reducing LDL-cholesterol, lowering triglycerides, increasing HDL-cholesterol and increasing antioxidant status.

Cyto-Matrix **Chaga** provides 200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to offer health benefits from the entire mushroom. The fruiting body is the reproductive structure of the mushroom, whereas the mycelium is the vegetative body of the mushroom. Although both the fruiting body and the mycelium perform different functions and have different structures, both contain biologically active compounds.

Cyto-Matrix offers a number of encapsulated mushroom formulas as well as a powdered mushroom blend, **Mycelium Matrix**, to provide practitioners and patients with targeted therapeutic



options. All of Cyto-Matrix encapsulated mushroom products include a blend of both fruiting body extracts and mycelia from leading industry suppliers to ensure the highest quality and delivery of active ingredients. Specifically, the fruiting body extraction utilizes the industry standard of high performance liquid chromatography- ultraviolet (HPLC-UV) for identification and processing. The mycelia are grown in an environmentally conscious practice on certified organic, gluten-free, whole grain oats.

#### Chaque capsule végétales contient

| Chaga  | 250mg |
|--|-------|
| (corps fructifère, <i>Inonotus obliquus</i> ) extrait 8:1 équivalent à 2000mg de corps fructifère sec* |       |
| Chaga  | 200mg |
| (mycélium cultivé, <i>Inonotus obliquus</i> )  |       |

\* Hot water and alcohol extract / \*Extrait à l'alcool et à l'eau chaude

# Ingrédients non médicinaux

Gomme arabique (acacia), hypromellose, stearate de magnésium.

## Indications

Source de polysaccharides fongiques ayant des propriétés immunomodulatrices.

# Mode d'emploi

Adultes (18 ans et plus) - Prendre 1 capsule par jour.

## Mises en garde et avertissements

Consulter un professionnel de soins de santé avant d'en faire l'usage si • vous êtes enceinte • vous êtes allaitante. Garder hors de la portée des enfants.

# Rangement

Ne pas utiliser si le sceau de sécurité est brisé.

