

Chaga

200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to provide anti-inflammatory, anti-oxidant and metabolic support

GMO Free

Gluten Free

Dairy Free

Soy Free

Vegan



- 200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to provide biologically active ingredients from the entire mushroom
- Chaga has traditionally been used for quenching inflammation, increasing antioxidant levels, regulating blood sugars and supporting heart health

Medicinal mushrooms have been used in traditional medicine for thousands of years and have gained popularity in recent decades as a natural health supplement in North America. In general, the active ingredients in medicinal mushrooms are known for their adaptogenic, antioxidant and immune supporting actions. That being said, each species has been found to target different health concerns depending on the unique blend of beta-glucans, triterpenoids, ergosterols and other active compounds.

Inonotus obliquus, more commonly referred to as Chaga mushroom, is a type of fungus that grows mainly on the bark of birch trees in cold climates, such as Northern Europe, Siberia, Russia, Korea, Northern Canada and Alaska. Traditionally it has been used for quenching inflammation, increasing

antioxidant levels, regulating blood sugars and supporting heart health.

Animal studies have found that chaga can promote the formation of beneficial cytokines and prevent the production of harmful cytokines, ultimately providing anti-inflammatory support, antibacterial activity and antiviral action. Moreover, animal trials have found that chaga may help with metabolic syndrome by improving insulin resistance, reducing LDL-cholesterol, lowering triglycerides, increasing HDL-cholesterol and increasing antioxidant status.

Cyto-Matrix **Chaga** provides 200mg of cultured chaga mycelium and 250mg of chaga fruiting body extract per capsule to offer health benefits from the entire mushroom. The fruiting body is the reproductive structure of the mushroom, whereas the mycelium is the vegetative body of the mushroom. Although both the fruiting body and the mycelium perform different functions and have different structures, both contain biologically active compounds.

Cyto-Matrix offers a number of encapsulated mushroom formulas as well as a powdered mushroom blend, **Mycelium Matrix**, to provide practitioners and patients with targeted therapeutic

options. All of Cyto-Matrix encapsulated mushroom products include a blend of both fruiting body extracts and mycelia from leading industry suppliers to ensure the highest quality and delivery of active ingredients. Specifically, the fruiting body extraction utilizes the industry standard of high performance liquid chromatography- ultraviolet (HPLC-UV) for identification and processing. The mycelia are grown in an environmentally conscious practice on certified organic, gluten-free, whole grain oats.

Each vegetable capsule contains

Chaga 250mg
(fruiting body, *Inonotus obliquus*) 8:1 extract equivalent to 2000mg of dry fruiting body*

Chaga 200mg
(cultured mycelia, *Inonotus obliquus*)

* Hot water and alcohol extract / *Extrait à l'alcool et à l'eau chaude

Non-Medicinal Ingredients

Acacia gum, hypromellose, magnesium stearate.

Recommended Use Claim

Source of fungal polysaccharides with immunomodulating properties.

Directions of Use

Adults (18 years and older) - Take 1 capsule per day.

Cautions and Warnings

Consult a healthcare professional prior to use if • you are pregnant • you are breastfeeding. Keep out of reach of children.

Storage Conditions

Do not use if safety seal is broken.