

Mushroom Complex

A blend of 7 medicinal mushrooms, including 140mg of cultured mycelia and 350mg of fruiting body extracts to support a healthy immune system, an improved adaptogenic response, better metabolic function and organ protection



Sans OGM

Végétalien

Sans soya

Sans gluten

Sans produits laitiers

- 140mg of cultured mycelia and 350mg of fruiting body extracts per capsule to provide biological activity from all seven whole mushrooms
- By combining multiple mushroom species, **Mushroom Complex** is indicated to provide extensive immune support, an improved adaptogenic response to stress, improved metabolic function and organ protection

Medicinal mushrooms have been used in traditional medicine for thousands of years and have gained popularity in recent decades as a natural health supplement in North America. In general, the active ingredients in medicinal mushrooms are known for their adaptogenic, antioxidant and immune supporting actions. That being said, each species has been found to target different health concerns depending on the unique blend of beta-glucans, triterpenoids, ergosterols and other active compounds.

Mushroom Complex includes a blend of seven medicinal mushrooms to provide synergistic health benefits:

Lion's Mane (*Hericium erinaceus*): known particularly for its ability to support the neurological system and cognitive function

Turkey Tail (*Trametes versicolor*): has been studied for its prebiotic actions and subsequent support of the microbiome, in addition to promoting a healthy immune response, cellular differentiation and metabolic function

Reishi (*Ganoderma lucidum*): known most for its ability to provide adaptogenic support during times of stress and promote healthy cellular differentiation, but also can support immune modulation and improved metabolism

Cordyceps (*Cordyceps militaris*): shown to support exercise performance, kidney health, metabolic function and healthy aging

Chaga (*Inonotus obliquus*): known generally for its anti-inflammatory, anti-oxidant and metabolic support

Maitake (*Grifola frondosa*): used for general immune support, healthy cellular differentiation and improving metabolic function

Shiitake (*Lentinula edodes*): a rich source of vitamins and minerals, this mushroom is often used in culinary dishes and has been shown to support general immune health, improve metabolic function and reduce inflammation

Collectively, this blend of medicinal mushrooms is indicated for overall improved immune responses, metabolism, stress responses and organ protection.

Cyto-Matrix's **Mushroom Complex** provides these seven medicinal mushrooms in a total blend of 140mg cultured mycelia and 350mg of fruiting body extract per capsule offering health benefits from the entire mushrooms. The fruiting body is the reproductive structure of the mushroom, whereas the mycelium is the vegetative body of the mushroom. Although both the fruiting body and the mycelium perform different functions and have different structures, both contain biologically active compounds.

Cyto-Matrix offers a number of individual encapsulated mushroom formulas as well as a powdered mushroom blend, **Mycelium Matrix**, to provide practitioners and patients with targeted therapeutic options. All of Cyto-Matrix encapsulated mushroom products include a blend of both fruiting body extracts and mycelia from leading industry suppliers to ensure the highest quality and delivery of active ingredients. Specifically, the fruiting body extraction utilizes the industry standard of high performance liquid chromatography- ultraviolet (HPLC-UV) for identification and processing. The mycelia are grown in an environmentally conscious practice on certified organic, gluten-free, whole grain oats.

Chaque capsule végétales contient

Chaga	50mg
(corps fructifère, <i>Inonotus obliquus</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec**	
<i>Cordyceps militaris</i>	50mg
(corps fructifère, <i>Cordyceps militaris</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec**	
Hydne hérisson	50mg
(corps fructifère, <i>Hericium erinaceus</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec**	
Maitake	50mg
(corps fructifère, <i>Grifola frondosa</i>) extrait 4:1 équivalent à 200mg de corps fructifère sec*	
Reishi	50mg
(corps fructifère, <i>Ganoderma lucidum</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec**	
Shiitaké	50mg
(corps fructifère, <i>Lentinula edodes</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec*	
Queue de dinde	50mg
(corps fructifère, <i>Trametes versicolor</i>) extrait 8:1 équivalent à 400mg de corps fructifère sec**	
Chaga	20mg
(mycélium cultivé, <i>Inonotus obliquus</i>)	
<i>Cordyceps</i>	20mg
(stroma, <i>Ophiocordyceps sinensis</i>)	
Hydne hérisson	20mg
(mycélium cultivé, <i>Hericium erinaceus</i>)	
Maitake	20mg
(mycélium cultivé, <i>Grifola frondosa</i>)	
Reishi	20mg
(mycélium cultivé, <i>Ganoderma lucidum</i>)	
Shiitaké	20mg
(mycélium cultivé, <i>Lentinula edodes</i>)	
Queue de dinde	20mg
(mycélium cultivé, <i>Trametes versicolor</i>)	

* Hot water extract / ** Hot water and alcohol extract

*Extrait à l'eau chaude / **Extrait à l'alcool et à l'eau chaude

Ingrédients non médicinaux

Gomme arabique (acacia), hypromellose, stearate de magnésium.

Indications

Source de polysaccharides fongiques ayant des propriétés immunomodulatrices. Fournit des antioxydants qui aident à protéger contre les radicaux libres.

Mode d'emploi

Adultes (18 ans et plus) - Prendre 1 capsule, 1 à 2 fois par jour. Prendre avec de la nourriture/un repas pour éviter les problèmes digestifs.

Mises en garde et avertissements

Consulter un professionnel de soins de santé avant d'en faire l'usage si • vous prenez des anticoagulants • vous souffrez le diabète • vous êtes enceinte • vous êtes allaitante. Cesser l'utilisation si • une hypersensibilité/allergie se manifeste. Garder hors de la portée des enfants.

Rangement

Ne pas utiliser si le sceau de sécurité est brisé.