

# Omega•EPA Liquid Forte

A high-potency, 5:1 ratio of EPA and DHA for inflammatory conditions, cardiovascular health, behavioural and mood balance. Delivered in their native triglyceride forms for optimal absorption and tolerability.

GMO Free

Gluten Free

Dairy Free



- Each teaspoon delivers a minimum of 2200mg EPA and 490mg DHA, sourced from sardine, mackerel and anchovy, in their highly bioavailable and native triglyceride form
- Stabilized with a proprietary antioxidant blend of GMO-free mixed tocopherols, green tea extract, rosemary and vitamin C
- iFOS (International Fish Oil Standards) certified to meet the highest quality standards and to guarantee optimal stability, potency and purity
- Indicated to support inflammatory conditions, cardiovascular health and mental health
- Each 200ml bottle provides 40 servings in a natural lemonade and goji berry flavoured liquid

Researchers have spent decades and completed countless studies to explore the mechanisms responsible for the health benefits of omega-3 fatty acids. It is widely believed that two specific compounds, **eicosapentaenoic acid (EPA)** and **docosahexaenoic acid (DHA)**, can be credited with the widespread benefits of fish oil supplementation. Indeed, many of our tissues rely

on these fatty acids for proper synthesis and communication.

However, although both are important for various aspects of human health, a high ratio of EPA relative to DHA has been demonstrated to have unique advantages. Generally speaking, EPA is imperative for its role in inflammation. High EPA ratios are best suited for inflammatory conditions, cardiovascular support and mental health conditions.

Obtaining the ideal ratio of EPA:DHA to match treatment goals is only one challenge with omega-3 fatty acid supplementation. Another issue that arises is poor compliance because many supplements require a great number of capsules or teaspoons per day to achieve an evidence-based dose of EPA and DHA.

Cyto•Matrix's **Omega•EPA Liquid Forte** solves this problem by providing 2200mg of EPA and 490mg of DHA in only one teaspoon. These omega-3 fatty acids are provided in their highly bioavailable and native triglyceride form.

**Omega•EPA Liquid Forte** is also iFOS (International Fish Oil Standards) certified to meet the highest

quality standards and to guarantee optimal stability, potency and purity. iFOS certification standards exceed even internationally recognized levels set by regulatory bodies and key trade organizations, such as the Council for Responsible Nutrition and the World Health Organization.

To achieve this high standard, **Omega-EPA Liquid Forte** is molecularly distilled, without the use of chemicals or solvents, to safely remove harmful compounds such as heavy metals and organophosphate compounds. Additionally, a proprietary antioxidant blend of GMO-free mixed tocopherols, green tea extract, rosemary and vitamin C is added to effectively stabilize the oil blend.

#### Each 5ml teaspoon contains

Fish Oil .....	4382mg
(from anchovies, sardines, mackerels)	
Omega-3 fatty acids .....	2850mg
EPA .....	2200mg
(eicosapentaenoic acid)	
DHA .....	490mg
(docosahexaenoic acid)	



\*The Certification Mark is a registered trademark of Nutrasource Diagnostics Inc.

#### Non-Medicinal Ingredients

Ascorbyl palmitate, mixed tocopherol concentrate, green tea extract, rosemary leaf extract, monk fruit extract, natural lemonade flavour, natural goji fruit flavour.

#### Recommended Use Claim

Source of omega-3 fatty acids for the maintenance of good health and to support cognitive health and brain function. Helps support healthy development of brain, eyes and nerves in children up to 12 years of age.

#### Directions of Use

Adults: Take 1 teaspoon per day or as directed by a healthcare professional. Children and adolescents (1-18 years): Take 1/2 teaspoon per day or as directed by a healthcare professional.

#### Cautions and Warnings

Do not use if safety seal is broken.

#### Storage Conditions

Refrigerate after opening. Maintains optimal peak freshness for thirty days.