

Magnesium Bis·Glycinate - 80mg Full Chelate

80mg of elemental magnesium in a fully reacted bis·glycinate chelate. For optimal absorption and for patients with sensitive digestive function.

Vegan

GMO Free

Gluten Free

Soy Free

Dairy Free



- Provides magnesium in a fully reacted bis·glycinate chelate for improved stability and tolerability in patients with sensitive digestive tracts
- A fully reacted magnesium bis·glycinate offers superior absorption when compared to buffered chelates or magnesium salts
- 80mg of elemental magnesium per capsule

Magnesium is one of the most important minerals for our health. It is necessary for maintaining proper nerve and muscle function through its regulation of calcium, creating cellular energy in the mitochondria and also acting as a cofactor to build DNA, RNA and many proteins. Despite its vast importance, it is a common deficiency in the Canadian population due to poor diet, medication depletions and stress. Suboptimal magnesium levels create a pro-inflammatory state within the body with numerous health implications.

As more research continues to build regarding the benefits of magnesium in human health, it is difficult not to consider additional supplementation in most patients. Clinical trials and large-scale evidence has

shown that magnesium can be helpful in cases of muscle tension, fatigue, anxiety, depression, insomnia, attention-deficit hyperactive disorder (ADHD), cardiovascular disease, dementia, osteoporosis, migraines and more.

Magnesium Bis·glycinate is a form of magnesium that combines one molecule of magnesium with 2 molecules of the inhibitory amino acid glycine. This chelated bond is advantageous as it remains stable throughout the digestive tract, preventing magnesium from binding with other compounds. The presence of glycine also gives the molecule access to dipeptide transport sites. Ultimately, this leads to greater absorption and tolerability in the body.

Mag Bis·glycinate Full Chelate provides a pure, fully reacted amino acid chelate of magnesium bis·glycinate. This magnesium bis·glycinate is designed to offer the best absorbed magnesium and the gentlest delivery for patients with sensitive digestive tracts.

Each capsule contains

Magnesium 80mg
(TRAACS™ magnesium bisglycinate chelate)

*Mineral chelate supplied by Albion Laboratories, Inc. TRAACS™ and the Albion TRAACS™ Gold Medallion design are registered trademarks of Albion Laboratories, Inc. Chelate covered by U.S. Patent 7,838,042.

Cautions and Warnings

Do not use if safety seal is broken.

Storage Conditions

Do not use if safety seal is broken.

Non-Medicinal Ingredients

Vegetable-grade magnesium stearate. Capsule: hypromellose.

Recommended Use Claim

A factor in the maintenance of good health. Helps in tissue formation and maintain proper muscle function.

Directions of Use

Adults - Take 1-3 capsules per day or as directed by a healthcare professional