

# Saccharo·B

For the effective relief of traveler's diarrhea, antibiotic associated diarrhea and acute gastroenteritis.

Gluten Free

Soy Free

Dairy Free



- Saccharomyces boulardii is a healthy, non-pathogenic yeast that can alleviate diarrhea and associated digestive discomforts during times of stress
- Indicated as a preemptive measure to reduce the risk of traveler's diarrhea, antibiotic-associated diarrhea and acute gastroenteritis
- Guaranteed minimum 5 billion live organisms of Saccharomyces boulardii per vegetable capsule

The human digestive tract contains a delicate balance of varied bacteria and countless microorganisms. Stressors such as new environments or antibiotic treatments can destroy this delicate balance and can cause intestinal complications such as diarrhea, pain and discomfort. This is a major problem for many hospitalized patients exposed to an environment with many pathogens and multiple antibiotics, or travellers exposed to foreign bacteria. Saccharomyces boulardii is a safe and effective intervention to restore microflora balance and treat these digestive concerns.

Saccharomyces boulardii is a healthy, non-pathogenic yeast that helps to alleviate diarrhea, pain and discomfort in those with specific digestive concerns. Research has shown that Saccharomyces boulardii is an effective prophylactic approach for traveler's diarrhea when visiting foreign countries. It is also shown to decrease the risk of clostridium difficile infections that often occur in hospital environments.

In a double-blind, placebo-controlled study of patients undergoing antibiotic therapy, the rate of patients suffering from antibiotic-associated diarrhea was 6 times higher in the placebo group than in the Saccharomyces boulardii group. Clinical trials have also found that Saccharomyces boulardii can significantly reduce the risk and duration of diarrhea in children with acute gastroenteritis.

Saccharomyces boulardii helps to restore a healthy bacterial microflora through a number of mechanisms. First, it prevents gastrointestinal inflammation by interfering with the various pathogens that bind to digestive tract walls. Saccharomyces boulardii competes with pathogens for receptor sites on the cells of the

intestinal walls, thereby preventing the adhesion of these bad bacteria. Secondly, Saccharomyces boulardii enhances protective proteins of the immune system to target and destroy these same pathogens.

Cyto·Matrix's Saccharo·B contains 250mg of the beneficial yeast Saccharomyces boulardii per capsule, guaranteeing a minimum of 5 billion live organisms. This allows for a safe and effective approach under gastrointestinal distress. Saccharo·B is the most specific and well-researched probiotic for antibiotic associated diarrhea, clostridium difficile infections and traveler's diarrhea.

#### Each capsule contains

Saccharomyces cerevisiae boulardii ..... 5 billion CFU

#### Non-Medicinal Ingredients

Microcrystalline cellulose. Capsule: hypromellose.

#### Recommended Use Claim

Helps to reduce the risk of antibiotic-associated diarrhea.

#### Directions of Use

Adults/Children - Take 1 capsule twice daily or as directed by a healthcare professional. Keep refrigerated.

#### Cautions and Warnings

Do not use if safety seal is broken. Discontinue use and consult a healthcare professional especially if symptoms of digestive upset (e.g. diarrhea) occur, worsen or persist beyond 3 days.

#### Contraindications

Do not use if you are experiencing nausea, fever, vomiting, bloody diarrhea or severe abdominal pain. Do not use if you have an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment).

#### Storage Conditions

Do not use if safety seal is broken. Keep refrigerated.